

### LA FOLIE IS A NOT FOR PROFIT ORGANISATION

LA FOLIE IS DEDICATED TO PROVIDING A PROFESSIONAL ARENA FOR AERIALISTS TO SHOWCASE THEIR TALENT AND SUPPORT PERFORMERS ON THEIR WAY TOWARDS A PROFESSIONAL CAREER. WE HOPE OUR COMPETITION AND EVENTS WILL ENCOURAGE FURTHER GROWTH WITHIN THE AERIAL ARTS INDUSTRY.



# Tissu Divisions

Compulsory integration of a storyline or thematic concept into competition choreography.

#### MINI

- Competitors must be between 7-11 years old.

- No continuous drops allowed (drops that involve more than one full body rotation in any direction. E.g. Helicopter, Double/Triple star, continuous Salto, salt to star drop.

Safety mat is mandatory

- NO release moves (tricks where the entire body is released from contact with the apparatus before the apparatusis recaptured) in Junior/Debutante and Intermediate divisions

#### JUNIOR

- Competitors must be between 12-16 years old.

- No continuous drops allowed (drops that involve more than one full body rotation in any direction.

E.g. Helicopter, Double/Triple star, continuous Salto.

Safety mat is mandatory

- NO release moves (tricks where the entire body is released from contact with the apparatus before the apparatusis recaptured) in Junior/Debutante and Intermediate divisions

#### DEBUTANTE

- Competitors must have apparatus training of maximum 2 years.-

-Have not placed in any competitions in the past. (Aerial Silks)

-Safety mat is mandatory

- NO release moves (tricks where the entire body is released from contact with the apparatus) in Junior/Debutante and Intermediate divisions.

#### INTERMEDIATE

-Competitors must have apparatus training of maximum 3 years -NO release moves (tricks where the entire body is released from contact with the apparatus before the apparatusis recaptured) in Junior/Debutante and Intermediate divisions

#### ADVANCED

- Competitors must have apparatus training of minimum 1 year

-Competitors are also eligible for this division if you have a training history on other aerial apparatus (hoop, aerial loop, aerial strap, pole dance etc) for more than one year and aerial Silks for less than one year.

#### ELITE

- Competitors must demonstrate multiple shows of strength and flexibility.

- Have at least two big drops in their routine.

-We also look for unique transistions in between moves.

- Instructors of ANY aerial apparatus must apply for Elite division.

# Lyra Divisions

Compulsory integration of a storyline or thematic concept

into competition choreography.

#### MINI

- Competitors must be between 7-11 years old.

- No continuous rolls allowed (rolls that involve more than one full body rotation in any direction. E.g. lion, snake, elbow rolls.

-Safety mat is mandatory

- No release moves (tricks where the entire body is released from contact with the apparatus before the apparatusis recaptured) in Junior/Debutante and Intermediate divisions

-No foot, toe, heel or neck hangs.

#### JUNIOR

- Competitors must be between 12-16 years old.

- No continuous rolls allowed. Rolls that involve more than one full body rotation in any direction. E.g. lion, snake, elbow rolls.

-Safety mat is mandatory

- No release moves (tricks where the entire body is released from contact with the apparatus before the apparatusis recaptured) in Junior/Debutante and Intermediate divisions

-No foot, toe, heel or neck hangs.

#### DEBUTANTE

- Competitors must have apparatus training of maximum 2 years.-

-Have not placed in any competitions in the past.

- No continuous rolls allowed (rolls that involve more than one full body rotation in any direction. E.g. lion, snake, elbow rolls.

-Safety mat is mandatory

- No release moves (tricks where the entire body is released from contact with the apparatus before the apparatusis recaptured) in Junior/Debutante and Intermediate divisions

-No foot, toe, heel or neck hangs.

#### INTERMEDIATE

-Competitors must have apparatus training of maximum 3 years

-NO release moves (tricks where the entire body is released from contact with the apparatus before the apparatusis recaptured) in Junior/Debutante and Intermediate divisions -No foot, heel and neck hangs.

#### ADVANCED

- Competitors must have apparatus training of minimum 1 year

-Competitors are also eligible for this division if you have a training history on other aerial apparatus (hoop, aerial loop, aerial strap, pole dance etc) for more than one year.

#### ELITE

- Competitors must demonstrate multiple shows of strength and flexibility.

- Must demonstrate dynamic movements in their routine (such as beat or flare based skills or drops).
- -We also look for unique transistions in between moves.
- Instructors of ANY aerial apparatus must apply for Elite division.

# Open Apparatus Divisions

The Performance divisions are a way to showcase your artistic flare. Be creative, be original and don't hold back. You will be accepted/judged based on your entertainment factor in these categories.

## JUNIOR PERFORMANCE

- Competitors must be between 7-16 years old.
- A solo competitor on an apparatus of their choosing.
- Apparatus needs to be hung from a single hanging point
- Safety mat is mandatory
- NO release moves (tricks where the entire body is released from contact with the apparatus before the apparatusis recaptured)
- -Can use human props. Human props can't touch the apparatus

### PERFORMANCE

- A solo competitor on an apparatus of their choosing.
- Apparatus needs to be hung from a single hanging point
- Can use human props. Human props can't touch the apparatus

## DUO

- -Competitors of all ages and levels can audition for this division.
- Two competitors performing on one apparatus.
- Apparatus needsto be hung from a single hanging point

Aerial hammock, swinging pole, hoop, cube, trapeze, rope, strap and chains are all accepted for this division. -If you would like to request for another apparatus to be taken into consideration for

this division please email a photo and description to info@lafolie.com.au

## Studio Showcase Only available in VIC, NSW and QLD

La Folie wants to showcase the creativity, talent and the diverse range of skills every studio has to offer in this group division. We want to see performers proudly represent their studio on stage and celebrate what each studio has to offer.

#### Awards

Most Creative Studio - Storyline & Costumes Show Stoppers - Most Entertaining To Watch Technically Stunning - Best Execution Of Technique La Folie State Winners 1st, 2nd and 3rd - Score Based Awards

National Studio Champion - Announced at the end of the year Criteria

- Competitors must be older than 7 at the time of auditioning.
- A group is made up of 7 performers
- Routine can be up to 10 minutes long
- Apparatus needs to be hung from a single hanging point
- One safety mat is provided if more is needed the studio will need to supply them.
- Maximum of 2 people can be on any apparatus at the one time.
- This division can be a mix of all ages and skill levels
- \$100 entry fee per studio applies and all entries must be submitted before the deadline closes for that state.
- There will be five judges for the Studio Showcase

#### **Cash Prizes**

La Folie State 1st Place Winner - \$1,000 La Folie State 2nd Place Winner - \$500

#### National Studio Champion 1st Place - \$2,000

Aerial hammock, swinging pole, hoop, cube, trapeze, rope, strap and chains are all accepted for this division. -If you would like to request for another apparatus to be taken into consideration for this division please email a photo and description to info@lafolie.com.au

## Judging Criteria

La Folie is a performance and technique based competition and the following elements of artistry, strength and presence are greatly regarded in each performer.

## Every competitor will recieve judging feedback after the competition.

## Dance Movement

#### Choreography and artist interpretation

-Ability to convey emotion and expression through movement.

-Variety of dance positions, dance movements, and/or combinations as appropriate to the specific dance.

-Artistic interpretation and choreography projected through dance movement as it relates to the selected music.

-Flair and accent of dance movement, generating an atmosphere and instilling a mood appropriate to the specific dance. Confidence.

#### Difficulty

-Ability to perform dance, choreography that is performed with creativity, imagination, flow, and flair.

-Difficulty of dance movements and/or combinations from one dance position or alignment to another.

-Alignment, framework, and proper presentation of dance positions; to include smoothness of follow-through from movement into position

-Continuity of dance movements and/or combinations to demonstrate dance control Floor Work

-The use of dynamic movements

#### Transition from floor to apparatus

-The ability to flow from the floor to the apparatus seamlessly.

-Making the transition creative/unique.

Use of stage

#### Stage Presence Showmanship And Expression

Audience Appeal & Engagement

-Ability to perform with appeal to the audience

- Eye contact, body and facial expressions and how much the audience is captivated and engaged by the competitor's performance.

#### Presentation

The competitor's external presentation, including costume, accessories, and hairstyle.

It is highly recommended that the competitors costume should be specific to the character or theme portrayed in their routine.

#### Entertainment

- The competitor's act of publicly exhibiting or entertaining; "a remarkable show of skill".

#### Musicality

## Technical Demonstration

#### Dynamick

Dynamic movement can be drops, catches, using momentum for explosive entries into a pose etc. Examples of dynamic movement: Beating, Flares, increased transition in speed

#### Flexibility

The competitor should demonstrate flexibility in the shoulders, back, arms and legs. Examples of flexibility: Active flexibility, inverted split poses, passive splits, backbends.

#### Strength

The competitor must demonstrate physical strength; physical strength is the ability of a person to exert force using their muscles. Examples of strength: Stamina on apparatus, technique and control of limbs and core

#### Tricks and Technical difficulty

- Trick combinations are a sequence of several tricks linked together.
- The transitions within apparatus tricks and combos.
- The level of difficulty within each skill/trick.
- The level of difficulty within the trick combination

#### Lines and Extensions

Judges will be looking for clean lines, pointed toes and feet, tricks performed cleanly and smoothly, with endurance and control from the beginning to the end of the routine. There should be a constant effort to extend the body in every direction.

## La Folie will announce 1st, 2nd and 3rd place winners for every division in each state. La Folie Champion

Winners

State Division

The state champion with the highest points will be awarded the La Folie Champion title at the end of 2023 for each division. We will announce first and second place for the national/international competitors.

### \*CASH PRIZES WILL BE AWARDED TO THE NATIONAL CHAMPIONS AND THE RUNNERS UP\*

Mini Champion \$160AUD Runner up \$80 AUD Junior Champion \$200 AUD Runner Up \$100 AUD Debutante Champion \$200AUD Runner Up \$100 AUD Intermediate Champion \$250 AUD Runner Up \$125 AUD, Advanced Champion \$300 AUD Runner Up \$150 AUD, Elite Champion \$400 AUD Runner Up \$200 AUD Junior Performance Champion \$200AUD Runner Up\$100 AUD Performance Champion \$300 AUD Runner Up \$150 AUD Duo Champions \$400 AUD Runner Up \$200 AUD

# Competition Terms & Details

No further entries will be accepted after the closing date. Registration must be completed via submission of video audition, competition waiver form and entry fee. All applicants will be contacted upon receipt of application.

#### Audition

The competitors audition video must represent what they plan on performing at the live event. Some changes are accepted but the overall theme and music must stay the same.

#### Decision making bodies

Only the panel of judges and the organisers of La Folie Competition has the right to final decisions on any departure from the rules of the competition. The selection panel's decision on the choice of participants, drawn from the video selection, is final and irrevocable. The competition jury's decisions on the selection and the competition in Melbourne, as well as the distribution of prizes, are final and irrevocable. If a jury member is associated with a school or has worked closely with a candidate, he/she does not have the right to vote for candidates coming from his/her school or the candidates with whom they have worked with.

#### Access to the stage and backstage

Backstage entry to the venue will be open to competitors and organisers only. A warm up and preparation space for competitors will be available. Competitors are allowed ONE support persons in the preparation space. Subject to venue's rules.

#### **Rigging and apparatus**

-Your apparatus will need to have the correct attachments to be hung for your performance.

-The standard rigging height provided will be approximately 6 metres high. Heights will vary depending on the venue.

-There are one single rigging point in the centre of the stage fixed to a rigging bar.

-A qualified rigger with a current ticket will undertake all rigging.

-ALL Apparatus provided by performers MUST be load certified for Aerial activity by a professional.

The organisers and competition are not liable for injury or damage resulting from participation in the competition or from any apparatus failure.

#### PHOTOGRAPHS, VISUALS, AND AV RECORDINGS AND THEIR BROADCASTING

1. All entrants must be available for a photo shoot/promotional before and after the event and consent to use of those materials by the organiser.

2. Entrants must allow the organiser to take and use photos and videos for media publicity, promotional materials and wherever they deem fit.

3. All photography and other footage remain the property of the organiser and is not to be used forpersonal promotion

.4. Competitors have no right to compensation for photography and other footage made before, duringand after an La Folie event.

5. Competitors must not film or photograph their or anyone else's performances.

6. NO flash photography/videography is allowed during performances.

7. Competitor's performances will be officially filmed and photographed only by the organiser.

.8. Competitors must not remove La Folie logos from any of the videos or photos.

9. Competitors must not alter or crop the La Folie photos in any way.

10. The organiser will release the photographs and video footage via the official competition channels when the Production Company and photographers have them ready.

#### Music

We ask that you please adhere to these guidelines when submitting your music, themes and props:

Competitors will be requested to send in their chosen music & theme no later than 4 weeks prior to competition date) in an MP3 ONLY format, no other format will be accepted. All music submissions will be accepted via email to info@lafolie.com.au
Please do not convert any files to MP3 using online converters - conversion can be done in iTunes ONLY.Music converted online will not play properly through the theatre sound system.

3. No music with profanity in it will be accepted.

4. The Advanced/Elite/Performance/Duo division performance should be no longer than 4 minutes in length. The Junior/Debut/Inter division performance should be no longer than 3 minutes in length.

5. If there are 2 or more competitors with the same music, the competitor that has provided their music first will be the only one able to use it, if another competitor has chosen the same music or theme as someone else they will be notified immediately and asked to choose something different.

6. Please submit any props you will use for consideration along with your theme and music. All props mustbe approved by the organiser.

#### Costumes

Costumes must be dignified and appropriate for athletic competition, no nudity or visible logos are to be worn by competitors.

#### Disqualification

A competitor will be disqualified should any information supplied in connection with the competition prove tobe false and/or inaccurate.A competitor will be disqualified should they break any of these rules.

Competitors must not hang on or swing on the rigging during their performance. Competitors will be disqualified and/or banned for bringing the competition or the name of La Folie into disrepute.

Any competitor or coach, involved in any act of harassment of Judges Scorekeepers or Officials, or conductdeemed likely to bring La Folie into disrepute will result in the competitor being disqualified.

The organizer and judges reserve the right to stop any performance at any time if there is a health and safety risk or the entrant has disregarded the rules.

The organizer reserves the right to disqualify any entrant that disregards the rules at any time.

The organizer must approve all props; failure to have props approved may result in disqualification.

Competitors must not talk to the audience or use profanity whilst on stage. The organizer reserves the right to amend these rules at any time if necessary; however the entrants will be informed of any changes made.

#### Cost

La Folie consists of two stages.

Stage one, audition. The audition cost is \$25.

Stage two, compete. If your audition is successful a competition fee of \$50 will be required. This helps with venue costs, staffing, rigging, prizes and much more. Tickets will be available for friends and family to attend the event. Ticket release date will be advertised on our website and social media prior to the event.



It will hurt. It will take time. It will require dedication. It will require will power. You will need to make healthy decisions. It requires sacrifice. You will need to push your body to its max. There will be temptation. But, I promise you, when you reach your goal, it will be worth it

